

## WellSurvivor Breast ER+ Tx

## **Complete Daily Ingredient Summary**

Below is a detailed breakdown of all the ingredients included in your WellSurvivor Breast ER+ Tx product.

Ingredient	Daily Dose	Included
Vitamins		
• Vitamin D3	5000 IU (125 mcg)	$\checkmark$
Minerals		
Magnesium Bisglycinate Chelate	90 mg	$\checkmark$
Mushrooms		
Organic Chaga Mushroom	125 mg	$\checkmark$
<ul> <li>Organic Cordyceps Mushroom</li> </ul>	200 mg	$\checkmark$
Organic Lion's Mane Mushroom	125 mg	$\checkmark$
Organic Maitake Mushroom	100 mg	$\checkmark$
Organic Oyster Mushroom	250 mg	$\checkmark$
Organic Reishi Mushroom	200 mg	$\checkmark$
Organic Turkey Tail Mushroom	200 mg	$\checkmark$
Plant Extracts and Phytochemicals		
<ul> <li>EGCG (as Green Tea Extract)</li> </ul>	500 mg	$\checkmark$
Specialty Compounds		
Coenzyme Q10	200 mg	$\checkmark$
Omega-3 TG	750 mg	$\checkmark$
o EPA	400 mg	
o DHA	300 mg	

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## **Recommended Targeted Support**

Below you can check the box of the recommended add-on(s) you choose to include in your routine.

Ingredient	Daily Dose	Included
Add-ons		
Calcium	160 mg	
Melatonin SR	3 mg	
<ul><li>Pre + Probiotic</li></ul>		
<ul> <li>Inulin (from chicory root)</li> </ul>	550 mg	
○ ProbioSEB CSC3™ Probiotic Blend	150 mg (15 billion CFU)	
Vitamin B12	1000 mcg	

Our list of supporting evidence-based research for each ingredient can be found on our website <a href="here">here</a> which is under Learn > For Healthcare Providers > Research.

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