

WellSurvivor Breast ER+ Support

Complete Daily Ingredient Summary

Below is a detailed breakdown of all the ingredients included in your WellSurvivor Breast ER+ Support product.

Ingredient	Daily Dose	Included
Vitamins		
• Vitamin D3	2000 IU (50 mcg)	<input checked="" type="checkbox"/>
• Vitamin K2	450 mcg	<input checked="" type="checkbox"/>
Minerals		
• Magnesium Bisglycinate Chelate	90 mg	<input checked="" type="checkbox"/>
Mushrooms		
• Organic Chaga Mushroom	125 mg	<input checked="" type="checkbox"/>
• Organic Cordyceps Mushroom	200 mg	<input checked="" type="checkbox"/>
• Organic Lion's Mane Mushroom	125 mg	<input checked="" type="checkbox"/>
• Organic Maitake Mushroom	100 mg	<input checked="" type="checkbox"/>
• Organic Oyster Mushroom	250 mg	<input checked="" type="checkbox"/>
• Organic Reishi Mushroom	200 mg	<input checked="" type="checkbox"/>
• Organic Turkey Tail Mushroom	200 mg	<input checked="" type="checkbox"/>
Herbs and Botanicals		
• Astragalus	200 mg	<input checked="" type="checkbox"/>
• Bilberry Extract	250 mg	<input checked="" type="checkbox"/>
• DIM (Diindolylmethane)	300 mg	<input checked="" type="checkbox"/>
Plant Extracts and Phytochemicals		
• Bioperine [®] (Piperine)	5 mg	<input checked="" type="checkbox"/>
• Citrus Bioflavonoids	250 mg	<input checked="" type="checkbox"/>
• EGCG (Green Tea Extract)	200 mg	<input checked="" type="checkbox"/>
• Lycopene	4 mg	<input checked="" type="checkbox"/>
Specialty Compounds		

Ingredient	Daily Dose	Included
<ul style="list-style-type: none"> Coenzyme Q10 	100 mg	<input checked="" type="checkbox"/>

Recommended Targeted Support

Below you can check the box of the recommended add-on(s) you choose to include in your routine.

Ingredient	Daily Dose	Included
Add-ons		
<ul style="list-style-type: none"> Calcium 	160 mg	<input type="checkbox"/>
<ul style="list-style-type: none"> Curcumin/Turmeric 3rd Gen 	400 mg	<input type="checkbox"/>
<ul style="list-style-type: none"> Melatonin SR 	3 mg	<input type="checkbox"/>
<ul style="list-style-type: none"> Omega-3 TG 	750 mg	<input type="checkbox"/>
<ul style="list-style-type: none"> <ul style="list-style-type: none"> EPA 	400 mg	<input type="checkbox"/>
<ul style="list-style-type: none"> <ul style="list-style-type: none"> DHA 	300 mg	<input type="checkbox"/>
<ul style="list-style-type: none"> Pre + Probiotic 		<input type="checkbox"/>
<ul style="list-style-type: none"> <ul style="list-style-type: none"> Inulin (from chicory root) 	550 mg	
<ul style="list-style-type: none"> <ul style="list-style-type: none"> ProbioSEB CSC3™ Probiotic Blend 	150 mg (15 billion CFU)	
<ul style="list-style-type: none"> Vitamin B12 	1000 mcg	<input type="checkbox"/>

Our list of supporting evidence-based research for each ingredient can be found on our website [here](#) which is under *Learn > For Healthcare Providers > Research*.