



Supplement Facts

Serving Size: 2 capsule Serving Per Container 28

Ingredient	AM Packet		PM Packet	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Organic Oyster Mushroom (Pleurotus ostreatus) 1:1 Fruiting Body Extract (35% beta-glucans)	250mg	*	_	_
Organic Turkey Tail Mushroom (Trametes versicolor) 8:1 Fruiting Body Extract (40% beta-glucans)	200mg	*	_	_
Organic Reishi Mushroom (Ganoderma lucidum) 8:1 Fruiting Body Extract (30% beta-glucans)	200mg	*	_	_
Organic Cordyceps Mushroom (Cordyceps militaris) 8:1 Fruiting Body Extract (25% beta-glucans)	200mg	*	_	_
Organic Lion's Mane Mushroom (Hericium erinaceus) 8:1 Fruiting Body Extract (25% beta-glucans)	125mg	*	_	_
Organic Chaga (Inonotus obliquus) 8:1 Extract (10% beta-glucans)	125mg	*	_	_
Organic Maitake Mushroom (Grifola frondose) 8:1 Fruiting Body Extract (35% beta-glucans)	100mg	*		_
* Daily Value not established				

Other Ingredients: Veggie capsule (Hypromellose), Rice Flour, L-leucine

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Sugar, Yeast, Soy, Fish/Shellfish, Nuts, Eggs, GMOs, Sesame Suggested Use: Take 2 capsules once daily as a dietary supplement with food or as directed by a healthcare professional

CAUTION: Keep out of reach of children. If you are pregnant or nursing, consult your physician before taking this product.