

Milk Thistle



Supplement Facts

Serving Size: 1 capsule

Serving Per Container 28

Ingredient	AM Packet		PM Packet	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Milk thistle seed Extract (80% Silymarin)	250mg	*	—	—
Milk thistle seed Extract (Silybum marianum)	200mg	*	—	—

* Daily Value not established

Other Ingredients: Capsule (Vegetable Cellulose)

Contains No: Dairy, Gluten, Wheat, Soy, Fish/Shellfish, Nuts, Eggs, GMOs, Sesame

Suggested Use: Take 1 capsule once daily as a dietary supplement with food or as directed by a healthcare professional

CAUTION: Keep out of reach of children. If you are pregnant or nursing, consult your physician before taking this product.