

Melatonin SR (Sustained Release)



Supplement Facts

Serving Size: 1 capsule

Serving Per Container 28

Ingredient	AM Packet		PM Packet	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Melatonin SR (from MicroActive® Melatonin)	—	—	3mg	*

* Daily Value not established

Other Ingredients: Veggie capsule (Hypromellose), Rice Flour, Microcrystalline Cellulose, Sodium Alginate, Hydroxypropyl Methylcellulose, Carnauba Wax, L-Leucine

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Sugar, Soy, Fish/Shellfish, Nuts, Eggs, GMOs, Sesame

Suggested Use: Take 1 capsule once daily as a dietary supplement with food or as directed by a healthcare professional

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CAUTION: Keep out of reach of children. If you are pregnant or nursing, consult your physician before taking this product.