



Supplement Facts

Serving Size: 1 capsule Serving Per Container 28

PM Packet Ingredient % Daily Value Amount Per Serving % Daily Value Amount Per Serving Calcium (as Calcium Citrate) 160mg

Other Ingredients: Veggie capsule (Hypromellose), Magnesium Stearate Contains No: Dairy, Wheat, Soy, Fish/Shellfish, Nuts, Eggs, Sesame

Suggested Use: Take 1 capsule once daily as a dietary supplement with food or as directed by a healthcare professional

CAUTION: Keep out of reach of children.