



Supplement Facts

Serving Size: 1 capsule Serving Per Container 28

AM Packet		PM Packet	
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
		250mg	*
_	_	200mg	*
_	_	160mg	*
			Amount Per Serving % Daily Value Amount Per Serving 250mg - 200mg

* Daily Value not established

Other Ingredients: Veggie capsule (Hypromellose), Magnesium Glycinate, L-leucine

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Sugar, Yeast, Fish/Shellfish, Nuts, GMOs, Sesame

Suggested Use: Take 1 capsule once daily as a dietary supplement with food or as directed by a healthcare professional

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CAUTION: Keep out of reach of children. If you are pregnant or nursing, consult your physician before taking this product.