

Balance Complex I



Supplement Facts

Serving Size: 1 capsule

Serving Per Container 56

Ingredient	AM Packet		PM Packet	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
KSM-66® Ashwagandha Root Extract (<i>Withania somnifera</i>)	300mg	*	300mg	*
Mangosteen Fruit Extract (<i>Garcinia mangostana</i>) (standardized to 10% mangostin)	100mg	*	100mg	*
DIM (Diindolylmethane)	75mg	*	75mg	*
Apigenin (from German chamomile flower extract)	25mg	*	25mg	*

* Daily Value not established

Other Ingredients: Veggie capsule (Hypromellose), Rice flower L-leucine

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Sugar, Yeast, Soy, Fish/Shellfish, Nuts, GMOs, Sesame

Suggested Use: Take 1 capsule twice daily as a dietary supplement with food or as directed by a healthcare professional

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CAUTION: Keep out of reach of children. If you are pregnant or nursing, consult your physician before taking this product.