



Prostate Multi Support

Supplement Facts

Serving Size: 1 packet

Serving Per Container 56

Ingredient	AM Packet		PM Packet	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	—	—	9	
Total Fat	—	—	1g	1%*
Vitamin D3 (as cholecalciferol from lichen)	25 mcg (1000 IU)	125%	25 mcg (1000 IU)	125%
Vitamin K2 (as MK-4 Menaquinone)	225 mcg	*	225 mcg	*
Curcumin (as Longvida® Optimized Curcumin® from Curcuma longa Root Extract)	400 mg	*	—	—
Omega-3 Fish Oil (Omega-3 TG) Total Omega-3 Fatty Acids (as Tryglycerides) 750mg - EPA (Eicosapentaenoic Acid) 400mg - DHA (Docosahexaenoic Acid) 300mg - Other Omega-3 Fatty Acids 50mg Other Fatty Acids 250mg	—	—	1000mg	†
Graminex® G63® Flower (Secale cereale) 20:1 Pollen Extract™	125mg	*	125mg	*
Epigallocatechin gallate (EGCG) (from green tea leaf extract, std. to 98% polyphenols, 50% EGCG)	100 mg	*	100mg	*
Astragalus (Astragalus membranaceus) 4:1 Root Extract	100 mg	*	100mg	*
Coenzyme Q10 (as ubiquinone)	50 mg	*	50 mg	*
Organic Oyster Mushroom (Pleurotus ostreatus) 8:1 Fruiting Body Extract (35% beta-glucans)	250 mg	*	—	—
Organic Turkey Tail Mushroom (Trametes versicolor) 8:1 Fruiting Body Extract (40% beta-glucans)	200 mg	*	—	—
Organic Reishi Mushroom (Ganoderma lucidum) 8:1 Fruiting Body Extract (30% beta-glucans)	200 mg	*	—	—
Organic Cordyceps Mushroom (Cordyceps militaris) 8:1 Fruiting Body Extract (25% beta-glucans)	200 mg	*	—	—
Organic Lion's Mane Mushroom (Hericium erinaceus) 8:1 Fruiting Body Extract (25% beta-glucans)	125 mg	*	—	—
Organic Chaga (Inonotus obliquus) 8:1 Extract (10% beta-glucans)	125 mg	*	—	—
Organic Maitake Mushroom (Grifola frondose) 8:1 Fruiting Body Extract (35% beta-glucans)	100 mg	*	—	—
Bilberry Fruit Extract (Vaccinium myrtillus) (standardized to 25% anthocyanins)	125 mg	*	125 mg	*
Citrus Bioflavonoid Extract (from lemon (Citrus limon), orange (Citrus sinensis), lime (Citrus aurantifolia), tangerine (Citrus reticulata), and grapefruit (Citrus paradisi) (standardized to 50% bioflavonoids)	125 mg	*	250mg	*
Schisandra (Schisandra chinensis) Berry Extract (standardized to 9% schisandrins)	100 mg	*	100 mg	*
Andrographis (Andrographis paniculata) Leaf Extract (standardized to 10% andrographolides)	100 mg	*	100 mg	*
Milk Thistle (Silybum marianum) Seed Extract (standardized to 80% silymarin)	80mg	*	80mg	*
Cranberry (Vaccinium macrocarpon) 4:1 Fruit Extract	60mg	*	60 mg	*
Panax Ginseng Root Extract (standardized to 10% ginsenosides)	50 mg	*	50 mg	*
BioPerine® (Piper nigrum fruit extract) (standardized to 95% piperine)	2.5 mg	*	2.5 mg	*
Lycopene	4 mg	*	4 mg	*

*Daily Value not established

Other Ingredients: Veggie capsule (Hypromellose capsule), Rice Flour, Microcrystalline Cellulose, Maltodextrin, L-leucine, Fish oil

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Sugar, Yeast, Soy, Nuts, GMOs, Sesame

Suggested Use: Take 1 packet twice daily as a dietary supplement with food or as directed by a healthcare professional

Caution: Keep out of reach of children

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