

Supplement Facts

Serving Size: 1 packet

Serving Per Container 56

Ingredient	AM Packet		PM Packet	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	200 mg	222%	—	—
Vitamin D3 (as cholecalciferol from lichen)	—	—	50 mcg (2000 IU)	250%
Vitamin K2 (as MK-4 Menaquinone)	—	—	450 mcg	*
Magnesium (as magnesium bisglycinate chelate)	—	—	90 mg	21%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	15 mg	136%	4 mg	36%
Selenium (as SelenoExcell® yeast from <i>Saccharomyces cerevisiae</i>)	50 mcg	91%	—	—
R-Alpha Lipoic Acid	300 mg	22%	—	—
Bilberry Fruit Extract (<i>Vaccinium myrtillus</i>) (standardized to 25% anthocyanins)	—	—	250 mg	*
Citrus Bioflavonoid Extract (from lemon (<i>Citrus limon</i>), orange (<i>Citrus sinensis</i>), lime (<i>Citrus aurantifolia</i>), tangerine (<i>Citrus reticulata</i>), and grapefruit (<i>Citrus paradisi</i>) (standardized to 50% bioflavonoids)	—	—	250mg	*
Epigallocatechin gallate (EGCG) (from green tea leaf extract, std. to 98% polyphenols, 50% EGCG)	200 mg	*	200mg	*
Astragalus (<i>Astragalus membranaceus</i>) 4:1 Root Extract	—	—	200 mg	*
Coenzyme Q10 (as ubiquinone)	100 mg	*	100 mg	*
Quercetin Dihydrate	200 mg	*	—	—
Chinese Skullcap (<i>Scutellaria baicalensis</i>) 4:1 Root Extract	125 mg	*	125 mg	*
Graminex® G63® Flower (<i>Secale cereale</i>) 20:1 Pollen Extract™	125 mg	*	125 mg	*
Bacopa monnieri Leaf Extract (standardized to 20% bacosides)	125 mg	*	125 mg	*
Organic Oyster Mushroom (<i>Pleurotus ostreatus</i>) 1:1 Fruiting Body Extract (35% beta-glucans)	250 mg	*	—	—
Organic Turkey Tail Mushroom (<i>Trametes versicolor</i>) 8:1 Fruiting Body Extract (40% beta-glucans)	200 mg	*	—	—
Organic Reishi Mushroom (<i>Ganoderma lucidum</i>) 8:1 Fruiting Body Extract (30% beta-glucans)	200 mg	*	—	—
Organic Cordyceps Mushroom (<i>Cordyceps militaris</i>) 8:1 Fruiting Body Extract (25% beta-glucans)	200 mg	*	—	—
Organic Lion's Mane Mushroom (<i>Hericium erinaceus</i>) 8:1 Fruiting Body Extract (25% beta-glucans)	125 mg	*	—	—
Organic Chaga (<i>Inonotus obliquus</i>) 8:1 Extract (10% beta-glucans)	125 mg	*	—	—
Organic Maitake Mushroom (<i>Grifola frondosa</i>) 8:1 Fruiting Body Extract (35% beta-glucans)	100 mg	*	—	—
Sweet Wormwood (<i>Artemisia annua</i>) Stem & Leaf Powder	100 mg	*	100 mg	*
Schisandra (<i>Schisandra chinensis</i>) Berry Extract (standardized to 9% schisandrins)	100 mg	*	100 mg	*
Andrographis (<i>Andrographis paniculata</i>) Leaf Extract (standardized to 10% andrographolides)	100 mg	*	100 mg	*
Coenzyme Q10 (as ubiquinone)	100 mg	*	100 mg	*
Milk Thistle (<i>Silybum marianum</i>) Seed Extract (standardized to 80% silymarin)	80mg	*	80mg	*
Berberine HCl (from <i>Berberis aristata</i> Root extract)	75mg	*	75mg	*
Cranberry (<i>Vaccinium macrocarpon</i>) 4:1 Fruit Extract	60mg	*	60 mg	*
Panax Ginseng Root Extract (standardized to 10% ginsenosides)	50 mg	*	50 mg	*
Boswellia serrata Gum Resin Extract (standardized to 65% boswellic acid)	50 mg	*	50 mg	*
Black Cohosh (<i>Cimicifuga racemosa</i>) Root Extract (standardized to 8% triterpene glycosides)	20 mg	*	20 mg	*
BioPerine® (Piper nigrum fruit extract) (standardized to 95% piperine)	5 mg	*	—	—
Lycopene	4mg	*	8mg	*
Boron (as boron glycinate chelate)	1.5 mg	*	1.5 mg	*

* Daily Value not established

Other Ingredients: Veggie capsule (Hypromellose capsule), Rice Flour, Microcrystalline Cellulose, Maltodextrin, Dicalcium Phosphate, L-leucine

Contains No: Animal Products, Artificial Colors or Flavors, Dairy, Gluten, Preservatives, Sugar, Yeast, Soy, Fish/Shellfish, Nuts, GMOs, Sesame

Suggested Use: Take 1 packet twice daily as a dietary supplement with food or as directed by a healthcare professional

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CAUTION: Keep out of reach of children.